



SPALDING PRIMARY SCHOOL

Skin Protection Policy

Australia has the highest incidence of skin cancer in the world, with skin cancer accounting for 80% of all new cancers diagnosed each year in Australia. Spalding Primary's values as decided upon by students in late 2011 are **RESPECT, EXCELLENCE** and **SAFETY**.

Our school is committed to keeping its members **SAFE** by being a SunSmart School. Some of the measures we take to do so are listed below:

- Use a combination of the SunSmart messages (slip, slop, slap, seek and slide) when the UV radiation levels are 3 and above. Refer to UV Index Forecast at www.bom.gov.au/sa/uv/ or SunSmart app for mobile phone via <https://www.cancersa.org.au/cut-my-risk/sunsmart/resources/sunsmart> app and widget
- Requiring all students and staff to wear a hat of appropriate style: broad brimmed, legionnaire, or bucket, when they are outside for any activities between the 1st September and the 30th April and at other times in the year when the UV is 3 and above.
- Staff will monitor UVR levels daily and encourage the removal of hats when the UVR levels are below 3 so as to maintain adequate levels of vitamin D, vital for the development and maintenance of strong, healthy bones.
- Providing SPF 30+ broad spectrum, water resistant sunscreen, for student and staff use, to be applied at least 15-20 minutes before going outside and to be reapplied every 2 hours during extended outdoor activity on sports days, excursions/camps and/or more often during swimming lessons/water activities.
- SPF30+ broad spectrum, water resistant sunscreen is available in each classroom.
- Requiring all children to wear a T-shirt or 'rash top' before entering the pool area during swimming lessons.
- Requiring staff, when on yard duty and on excursions/camps to model SunSmart behaviour when the UVR levels are 3 and above.
- Programming for Daily Fitness, to occur outside peak sun protection times (all year round) if possible or out of the sun.
- Programming PE lessons in September to April to be conducted when possible, under the COLA (Covered Outdoor Learning Area) structure when UVR levels are 3 and above.
- Encouraging all parents to wear appropriate hats and model SunSmart behaviour when participating on school excursions and sporting activities when UVR levels are 3 and above.
- SunSmart behaviour is regularly reinforced and promoted to the whole school community and all staff and families are informed of the policy.

- Ensuring that children not wearing appropriate hats at the required times, play in sun-protected areas.
- Encouraging children to play under the shelters or in the gazebo at lunch times from 1st September till the 30th April or at other times when UVR levels are 3 during the year.
- Sun Smart reminders to feature on SRC agendas as a reminder and to promote student voice and awareness.
- Ensuring the school has sufficient shade or is working towards increasing the number of trees and shade structures so as to provide adequate sun-protected areas in the school grounds.
- This policy will be reviewed (at least) every 3 years to ensure that the information remains current and relevant.

Review Date: 6/8/2018

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